

# WESTMOUNT AVE P. S. HOME OF THE WIZARDS



## OCTOBER 2021

### IMPORTANT DATES TO REMEMBER:



October 11th: Thanksgiving No School  
October 13th: Picture Day  
October 25th: PD Day  
October 29th: Halloween Play Day (pm only)

Coming up next month:  
November 2 - Progress Reports sent home  
Note: we will be planning some school-wide spirit days. Stay tuned for fun themes.

### BASIC RULES FOR COVID-SAFE SCHOOLS

Make COVID-19 symptom screening part of your daily routine. Just like brushing your teeth every morning, checking for COVID-19 symptoms and using the [COVID-19 school self-assessment tool](#) are essential parts of your daily habits.

Got symptoms? Stay home! Now is not the time to “tough it out” when you are under the weather. The school screening tool was updated last week:

***Anyone who is sick or has any symptoms of illness, including those not listed in this screening tool, should stay home and seek assessment from their health care provider if needed.***

When in doubt, wait it out—and let your school know!

### GOODBYE TO MME TROTTIER

It is with a heavy heart that we wished Mme Trottier from Mme Gallien's class good-bye and good luck at her new school. Due to our student numbers and subsequent reorganization last week, Mme Trottier was assigned to another school. Her energy and love of all our students will be missed at Westmount.



The children love special activities such as Halloween. This year, the school will be celebrating Halloween on **Friday, October 29.**

As a social activity, we use this opportunity to teach students the importance of shared planning, group cooperation and respect for differences. Planned activities will have relevance to curriculum i.e. organization games, art, trick or treat safety rules, poetry writing, story sharing, etc.

**Please send students to school with costumes already on.**

### NOT PERMITTED:

- \*Halloween masks as students need to keep face masks on due to Covid
- \*Any racial/discriminatory costume
- \*Accessories with mutilation and/or torture, including weapons of any description.

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## HALLOWEEN TREATS

In order for Westmount Ave. P.S. to celebrate in a healthy way, we are asking parents **NOT** to send in treats of any kind. We will be providing a healthy snack for each class. Anyone sending in treat bags or bringing in snacks will be asked to take them home.

**Thank you for helping our students with allergies and special dietary needs and avoiding sharing during COVID.**

## YOUR CHILD'S LUNCH REMINDER

No food with peanuts, WOW butter, Nutella or any nut products are permitted. Thank you for double checking the treats after Halloween.

## WESTMOUNT PETS...

Keep those pet pics coming. We hope to get everyone's pet(s) on the wall. The kids love lingering over the photos on their way to and from the gym. Hard copy or electronic copies are both fine.



## SCHOOL COUNCIL

Huge thanks to our newly elected School Council members:

Chair: Sarah Devoe  
Vice-Chair: Katy Haley  
Secretary: Erica Jenkins  
Member: Amber Renaud

Meetings will be held every other month. Stay tuned for the November date.

## PARENT INVOLVEMENT COMMITTEE Tuesday, October 19th

The following presentation may be of interest. Dr. Ungar spoke virtually to staff on the PD Day and his content was relevant and engaging.

**7 pm** Virtual Presentation by  
Motivational Speaker - Michael Ungar, Ph.D.  
**Topic: Resilience**  
**All parents welcome**  
**Join us: [bit.ly/rdsbpicpresentation2021](https://bit.ly/rdsbpicpresentation2021)**

Michael Ungar, Ph.D. is the founder and Director of the Resilience Research Centre at Dalhousie University. His ground-breaking work as a family therapist and resilience researcher is recognized around the world, with much of that work focused on the resilience of marginalized children and families, and adult populations experiencing mental health challenges at home and in the workplace.

## KEEP IN TOUCH

Phone: 566-1770 Fax: 566-3400

**Reminder: If you have any changes to your personal information; phone/cell number, address or emergency contact etc, please inform the school.**