

# WESTMOUNT AVE P. S. HOME OF THE WIZARDS



**MARCH 2021**

**IMPORTANT DATES TO  
REMEMBER:**



**March 14** - Daylight Savings Time  
**March 15** - PJ Day  
**March 16** - Virtual French Concert  
**March 17** - Spirit "Green" Day  
**March 19** - PD Day \*NEW (No School)  
**March 31** - Picture Day

**MARCH BREAK POSTPONED TO  
APRIL 12 TO 16, 2021**

## **DAILY COVID SELF-SCREENING LINK**

***Please note the screening tool  
has been recently updated.***



Everyone in your household is required to stay home if anyone has new or worsening COVID-19 symptom and must stay home until the person with symptoms gets a negative test result, gets an alternative medical diagnosis by a health care professional, or it has been 10 days since their symptom(s) onset and they are feeling better. Please see the screen for exact details and instructions.

## **"NOT A MARCH BREAK" FUN**

Even though the March Break has been postponed to April, we have planned some special activities amidst the business of learning.

Stay tuned for further updates about some new spirit days and a virtual concert with Étienne, a French rock performer for kids! We will be sure to share the link if you want to join the fun!

## **SOCIAL-EMOTIONAL LEARNING SKILLS AND MATH PROCESSES**

**\*NEW** strand in the Math Curriculum

Students will learn to:

1. identify and manage emotions
2. recognize sources of stress and cope with challenges
3. maintain positive motivation and perseverance
4. build relationships and communicate effectively
5. develop self-awareness and sense of identity
6. think critically and creatively.

**... so they can:**

1. express and manage their feelings, and show understanding of the feelings of others, as they engage positively in mathematics activities
2. work through challenging math problems, understanding that their resourcefulness in using various strategies to respond to stress is helping them build personal resilience
3. recognize that testing out different approaches to problems and learning from mistakes is an important part of the learning process, and is aided by a sense of optimism and hope
4. work collaboratively on math problems – expressing their thinking, listening to the thinking of others, and practising inclusivity – and in that way fostering healthy relationships
5. see themselves as capable math learners, and strengthen their sense of ownership of their learning, as part of their emerging sense of identity and belonging
6. make connections between math and everyday contexts to help them make informed judgements and decisions

## **What do SELs have to do with Math?**

**.... Everything!**

Students develop **social-emotional learning skills** and use **math processes** across the math curriculum to:

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- **make connections** between math and life outside of the classroom, at home and in the community;
- **recognize mistakes** and **learn from them**;
- use strategies to be resourceful in **working through challenging problems**.

## CHARACTER TRAIT FOR MARCH IS RESILIENCE / LA RÉSILIENCE

Ways to develop resilience to deal with change and bounce back from setbacks:

- Maintain good relationships with others. Show empathy.
- Help and encourage others.
- Have a daily routine.
- Take a break from worrying. Distraction helps.
- Set reasonable goals and celebrate small successes.
- Reframe challenges; be optimistic.
- Accept that change is inevitable.

a challenge	- un défi
goals	- des buts
empathy	- l'empathie
to help	- aider
daily routine	- routine quotidienne

## KINDERGARTEN REGISTRATION

If you know of any families in the community who have children born in 2017, they are eligible for kindergarten. Please let them know they can register now for JK in September 2021.

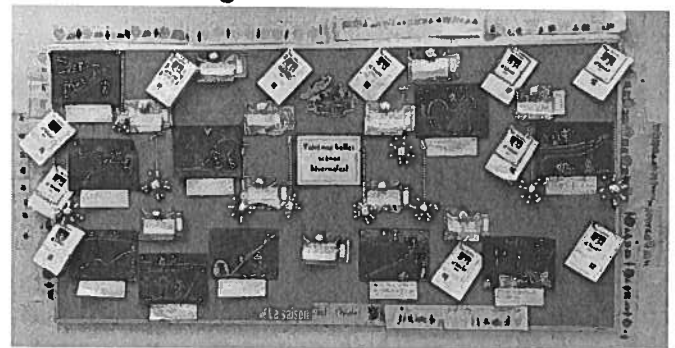
**Link to Westmount Kindergarten Virtual Open House**

## THANK YOU DELTA BINGO

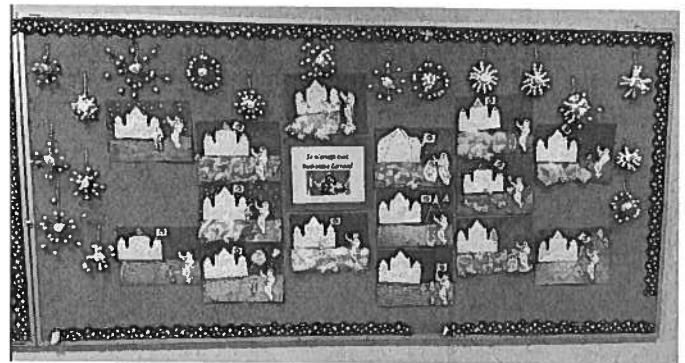
Delta Bingo generously helps us raise funds for special activities and projects. **Delta Bingo opened February 16th with a 50 person capacity. Our month to volunteer is March but volunteers are not permitted in the gaming centre.** We are so incredibly grateful for Delta Bingo on Notre Dame (Charitable Gaming Association of Sudbury) for providing a way to fundraise when our students are so young.

## AN INSIDE PEEK AROUND THE SCHOOL...

Winter writing in Mme Rees' class:



Carnival art from Mme Martell's class:



## KEEP IN TOUCH

(705)566-1770

Website:

<http://rainbowschools.ca/elem/westmount>